



# The Orange Peel

March 13, 2009  
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The Official Newsletter for California Association of Health Facilities, Orange County Chapter

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This issue brought to you by:



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(714) 289-7070

## CDPH RAP SESSION AND VENDOR FAIR

### Mark Your Calendars!

It's time for the annual OCAHF Chapter Rap Session and Vendor Fair. Please join us for a great discussion with key CDPH personnel. Details are as follows:

Date:

**Thursday, April 9, 2009**

Time:

**8:00 a.m. – 12:00 p.m.**

Place:

**Embassy Suites Hotel  
17767 Harbor Blvd.,  
Garden Grove, CA  
(714) 539-3300**

We have confirmed the following speakers:

**Kathleen Billingsley**  
*Deputy Director*  
California Department of Public Health Center for Healthcare Quality

**Jackie Lincer**  
*Administrator*  
Department of Public Health – Orange County

**Shelley Woolery**  
*Ombudsman Coordinator*  
Council on Aging – Orange County

**Paul Coleman**  
*Deputy Division Chief*  
OSHPD

### ANNUAL VENDOR FAIR

Calling All Vendors! We will be holding our annual Vendor Fair in conjunction with the meeting.

Please contact Anita Bunting to reserve your table today!

Anita Bunting,  
OCAHF Secretary  
(760) 294-2589  
[Alb7039@pharmerica.com](mailto:Alb7039@pharmerica.com)

Vendor Tables are \$100 and if you wish to bring hand outs the fee is \$25.

**DON'T MISS OUT ON THIS SPECTACULAR OPPORTUNITY!**

## CAHF PAF Annual Golf Tournament

### Join us for CAHF Political Activity Fund's 16<sup>th</sup> Annual Golf Tournament on April 30, 2009.

This year's annual CAHF PAF Golf Tournament will be held at the beautiful Coyote Hills Golf Course in Fullerton.

You do not have to be a golfer to enjoy this fun event. Non-golfers are invited to join for dinner and raffle prizes after the day-long golf tournament. Golfers and sponsors are being recruited now.

There are a number of Major Donor Packages to choose from as well as the following four participation packages:

\$75 Per Person – Dinner and Prizes only

\$100 Per Person – Associate Member Sponsorships

\$275 Per Person – Golf, Dinner & Prizes

\$400 Tee/Green Sponsorships

Registration and sponsorship forms are available online at

[www.cahf.org/CAHFPAFSoCalGolf09.pdf](http://www.cahf.org/CAHFPAFSoCalGolf09.pdf) or you can contact the organizers of this great event John Pasqua (MD Global (818) 859-5210) or Tom Turner (Dynamic Medical Systems (714) 240-0682).

**SEE YOU ON THE LINKS!**





## CAREER CLIMB SCHOLARSHIP

*Applications for the Career Climb Scholarship are due by September 15, 2009!*

### 2009 CAREER CLIMB SCHOLARSHIP PROGRAM HONORING PAUL TUNNEL

Applications for the 2009 Career Climb Scholarship Program Honoring Paul Tunnel are available on the CAHF/QCHF website.

The QCHF Scholarship Program began in 1985 as The Feingold Scholarship. Dr. Feingold gave an endowment of \$22,000 in memory of his wife, Shirley.

The interest from the

endowment has been made available for scholarships. In 1995 Life Care Centers of America made a donation of \$15,000 and the scholarship program became known as the "Career Climb Scholarship Program". Hansen Bridgett Marcus Vlahos & Rudy, LLP and the Wilshire Foundation are among other organizations who have generously contributed to the fund.

The scholarship opportunity is intended to promote both the present and future well-being of long term care in California. The mission of the Quality Care

Health Foundation is largely based on providing educational advancement to those dedicated staff members who care for California's long term care residents on a daily basis and, in so doing, help those individuals achieve a higher quality of life.

It's easy. Log on to [www.cahf.org](http://www.cahf.org) and enter the QCHF site. Locate the Career Climb Application. Copy and disburse to your staff. (See attached flyer to make a donation.)

**The deadline for applications is September 15, 2009!**

## What's Cookin' In Your Kitchen?

### F-Tags and Food-borne Illnesses

F-Tag 371 is a new regulation which requires each facility to store, prepare, distribute and serve food under sanitary conditions in order to prevent foodborne illnesses.

Factors implicated in foodborne illnesses are:

- Poor personal hygiene
- Inadequate cooking and improper holding
- Temperatures
- Contaminated equipment
- Unsafe food sources

Steps to Prevent Foodborne Illnesses are:

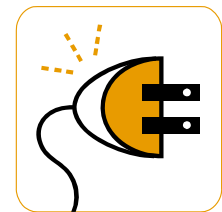
- Correct food handling and preparation
- Employee health
- Handwashing, gloves and anti-microbial gel
- Hair restraints, jewelry and nail polish requirements.

Contact Lee Tinchler at HM Composite for more information: (916) 364-5300

Dietary Managers Association [www.dmaonline.org](http://www.dmaonline.org)

HM Composite, Inc. [www.hmcomposite.com](http://www.hmcomposite.com)

### ARE YOU ON OUR CURRENT MAILING LIST?



If not, or if you know someone else who would like to be, please contact:

Anita Bunting,  
OCAHF Secretary  
(760) 294-2589  
[Alb7039@pharmerica.com](mailto:Alb7039@pharmerica.com)

# Paul Tunnell Scholarship Fund

'Giving From the Heart'

'Nurses are the heart of long-term care,  
and every day they care for patients and  
residents who have been entrusted to us.'  
— Paul Tunnell

Paul Tunnell has dedicated his entire professional  
career to improving the quality of life for the nation's  
frail and elderly.

'Quality First — this is what we stand for!'  
— Paul Tunnell

For many years, Paul has personally made an annual  
contribution to the **QCHF Scholarship Fund**  
to provide opportunities for the employees of long-  
term care health facilities to further their education  
in their field.

These annual scholarships promote both the  
present and future well-being of the long-term care  
profession. Scholarships are awarded in \$500 and  
\$1,000 increments.

'We are only as good as the people  
we have working for us.  
Pay them well, treat them well.  
If you have happy employees,  
you have happy residents.  
I don't know if we say thank you enough.'  
— Paul Tunnell

## • PLEDGE FORM • Paul Tunnell Scholarship Fund 'Giving From the Heart'

In honor of Paul Tunnell, I pledge  
\$ \_\_\_\_\_ to the Scholarship Fund

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/ZIP: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Facility: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State/ZIP: \_\_\_\_\_

Special Instructions/Restrictions:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Make checks payable to **QCHF** and mail with this form to:

**QCHF**  
2201 K Street  
Sacramento, CA 95816  
(916) 441-6400

VISA / AMEX / MC No. \_\_\_\_\_

Exp Date \_\_\_\_\_ CC Bill ZIP Code \_\_\_\_\_

Signature \_\_\_\_\_

Your contribution to the  
**Paul Tunnell Scholarship Fund**  
is tax deductible.

QCHF is a 501(c)(3) non-profit foundation  
Identification No. 94-2878465

*Establishing definite standards of conduct, that are updated and realistic, is absolutely key!*

## Daniel Berkley's 10 Commandments

### 10 Commandments to Avoid a Wrongful Termination Lawsuit.

Daniel Berkley shared with the Chapter his 10 Commandments for Avoiding Wrongful Termination Lawsuits:

1. Review written company policies and procedures that discuss employment, conduct, discipline or termination.
2. Establish definite standards of conduct.
3. Keep written documentation of all "key" employee encounters.

4. Conduct regular written performance appraisals.

5. Have a written progressive discipline procedure.

6. Have one individual who objectively reviews all factors when severe disciplinary action is contemplated.

7. Conduct a complete investigation before discharging employee.

8. Candidly explain to the employee all reasons for discharge.

9. Ensure the discharge is properly conducted.

10. Where appropriate, make a deal (severance and general release) with the terminated employees.

Contact Daniel Berkley at Gordon & Rees, LLP via telephone: (415) 986-5900 or via email: [dberkley@gordonrees.com](mailto:dberkley@gordonrees.com)



## Are You Connected to CAHAN?

### CALIFORNIA HEALTH ALERT NETWORK (CAHAN)

The California Department of Public Health has created a new network for health and emergency alerts.

CAHAN is a secure web based system accessible anytime and any place for emergency planning and response communication with public health partners.

Receive health and emergency alerts via:

- email,
- fax,
- pager or
- telephone.

This alert system will keep you up to date regarding natural disasters, current outbreaks and other imminent dangers to the health of your community.

The Center for Disease Control and Prevention requires each state to have a health alert network. CAHAN was implemented in 2003 as a response to such requirement.

CAHAN provides a rapid and secure communications system among state and local health agencies, health care providers, and other emergency response parties. The network also fosters the collaborative development of new emergency response ideas and information sharing among its members.

There are over 12,000 current participants in CAHAN. The California Department of Public Health, California Department of Health Care Services, California Health and Human Services Agency, Governor's Office of Emergency Services, are just a few of the members.

Other members include local health departments, hospitals, clinics, schools, law enforcement and other medical providers.

CAHAN can create custom groups for your use, offers the use of a central database of contact information and allows you to share and store emergency response plans.

If you would like more information, the CAHAN team is available to conduct workshops, trainings, presentations and other demonstrations.

Contact:

CAHAN  
CDPH – Emergency Preparedness Office  
1615 Capitol Ave  
Sacramento, CA 95814

Email: [CAHANinfo@cdph.ca.gov](mailto:CAHANinfo@cdph.ca.gov)

**BE PREPARED CALIFORNIA!**

Once you implement a plan, make sure you monitor and continue to evaluate the plan as time goes on.

## CULTURE OF QUALITY

### How do we implement a culture of quality in long term care?

Jocelyn Montgomery of CAHF shared with the Chapter her Four Steps for creating a Culture of Quality in Long Term Care.

#### Step 1: Identify, Clarify, Prioritize

- Use data to identify the broad issue or process.
- Assign a team.
- Establish a mission or goal.

#### Step 2: Understand Process, Causes and Analysis

- You must understand what is really happening.
- Identify possible causes of the problem.
- Analyze options.

#### Step 3: Solutions

- Begin setting policy and procedures.
- Describe desired key process steps.
- Establish new process.
- Identify data collection points to measure process

towards goal.

#### Step 4: Implementation of Plan

- Staff Training
- Implement Change
  - *monitor progress*
  - *data collection*
  - *feedback to staff*
  - *quick fixes as needed*
- Evaluate Results
- Implement Permanent Procedures
- Ongoing monitoring and evaluation.

Contact Jocelyn at:  
[jmontgomery@cahf.org](mailto:jmontgomery@cahf.org)  
 (916) 441-6400 x 214

## February Meeting Recap

### February was a great success!

We had 80 attendees at our first meeting for 2009! Thank you for your participation!

Some of the other articles in this newsletter are highlights from discussions held at our last meeting.

Presentations were given by Lee Tincher, Jocelyn Montgomery and Daniel Berkley.

We also had our first Nurse Council Break Out Session. There were approximately 15 nurses in attendance at this first session and we are always looking for more!

We will be featuring Nurse Council Break Out Sessions at every Chapter Meeting.

Judy Harrington, RN, BSN is the Nurse Council Representative. If you are interesting in taking part or have ideas or questions regarding the Nurse Council Break Out Session please

contact Judy via email: [judith.harrington@sunriseseniorliving.com](mailto:judith.harrington@sunriseseniorliving.com) or telephone: (619) 670-4723.

To RSVP for the April meeting, and/or the nurse break out session please contact:

Anita Bunting,  
 OCAHF Secretary  
 (760) 294-2589  
[Alb7039@pharmerica.com](mailto:Alb7039@pharmerica.com)

**Fun Fact:** There are **206** bones in the adult body, and **300** in children (some bones fuse together as they grow).  
 (Courtesy of [www.hiahtechscience.org/funfacts.html](http://www.hiahtechscience.org/funfacts.html))

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(916) 441-6441

**E-mail**  
[MDodge@rescare.com](mailto:MDodge@rescare.com).

*"Providers Giving Quality  
Care".*



**We're on the Web!**  
See us at:  
[www.cahf.org/blog.html](http://www.cahf.org/blog.html)

## SHOUT OUT FOR SPONSORS

### Get your name up in lights (sort of!)

OCAHF is looking for a few good sponsors. Following are the sponsorship levels available:

#### Headliner for Orange Peel:

\* Our newsletter is distributed to members and non-members and is posted on the CAHF Blog. Your advertisement will be placed on the front page for three issues!

#### Diamond Sponsor:

\* Name is included in our Agenda;

\* Table top distribution of your Agency information;

\* 15 minutes to describe to attendees how your agency can help them.

#### Other Items:

There are other Raffle Prizes and Fundraisers available as well. Please contact Anita Bunting if you are interested in sponsoring!

Anita Bunting,  
OCAHF Secretary  
(760) 294-2589  
[Alb7039@pharmerica.com](mailto:Alb7039@pharmerica.com)

## WELCOME WAGON

### OCAHF offers its warmest welcome to the following new members:

**Kevin Thon**  
JSA Search, Inc.

**Marty Lisker,**  
Vice President-Business  
Development  
Premier Pharmacy  
Services

**Denis Boren,**  
Manufacturer's  
Representative  
Healthcare Source

**Anne Ellett, MSN, NP.**  
Senior Vice President-  
Health Services  
Silverado Senior Living

**Robert Tucker,**  
President  
Valcourt Insurance  
Services

**James Lewin,**  
Vice President  
Red Capital Group

Check out this section  
each month to meet the  
newest members of  
OCAHF.



Have a friend or  
colleague who would  
like to be listed here next  
month? Contact Mike  
Dodge at:  
[MDodge@rescare.com](mailto:MDodge@rescare.com).  
for more information.