



The Orange Peel

May 1, 2009
Volume 1, Issue 3

The Official Newsletter for California Association of Health Facilities, Orange County Chapter

This issue brought to you by:



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Special Interest Articles

Nurse Council May 7, 2009!

Rap Session Recap

Career Climb Scholarship

NURSE RECOGNITION

OCAHF Nurse Council will be recognizing our OC Nurses on May 7, 2009!

Place:

**Maggiano's Restaurant
South Coast Plaza
3333 Bristol Street
Costa Mesa, CA 92626
(714) 546-9550**

The OCAHF Chapter Nurse Council will be recognizing Nurses at the May 7, 2009 Nurse Luncheon.

Each facility's Director of Nurses and one associate nurse are invited to attend a luncheon sponsored by OCAHF.

Please join us for great food and lively discussion. Details are as follows:

Date:

Thursday, May 7, 2009

Time:

12:00 p.m.

Each Nurse will receive an appreciation card and a \$5.00 Starbucks Gift Card. Nurses are the backbone of our industry and it is important to let them know how much we appreciate their time and efforts. Lunch is also a great time for networking and getting to know others in the field. Let us show your nurses some love!

Contact Anita Bunting to RSVP.

Anita Bunting,
OCAHF Secretary
(760) 294-2589
Alb7039@pharmerica.com

NURSES – WE WANT TO HEAR FROM YOU!



We are planning a Nurses Educational Event for September. Currently we are soliciting topics of interest – all thoughts and ideas are welcome! Please contact Anita Bunting or Judith Harrington.

Judith Harrington
(619) 670-4723
Judith.Harrington@sun-riseseniorliving.com

Also, be sure to register with the CAHF'S STATE WIDE NURSE COUNCIL at www.cahf.org today!

Individual Highlights

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Mark your Calendars!

This year's annual OCAHF FUNraiser will be **A NIGHT AT THE BALLPARK!** Bring the whole family out to see the Los Angeles Angels of Anaheim play the San Diego Padres on **Friday, June 12, 2009.**

Tickets are \$40.00 per person and include admission, an OCAHF hat and \$10 in Angelbucks toward merchandise. All proceeds go to support CAHF's Political Action Fund. Come on out and root for the home team! Contact Scott Boyd at: scottboyd@acplus.com

Don't forget FIREWORK FRIDAYS at the stadium!



GO ANGELS!

Applications for the Career Climb Scholarship are due by September 15, 2009!



CAREER CLIMB SCHOLARSHIP

2009 CAREER CLIMB SCHOLARSHIP PROGRAM HONORING PAUL TUNNEL

Applications for the 2009 Career Climb Scholarship Program Honoring Paul Tunnel are available on the CAHF/QCHF website.

The QCHF Scholarship Program began in 1985 as The Feingold Scholarship. Dr. Feingold gave an endowment of \$22,000 in memory of his wife, Shirley.

The interest from the endowment has been

made available for scholarships. In 1995 Life Care Centers of America made a donation of \$15,000 and the scholarship program became known as the "Career Climb Scholarship Program". Hansen Bridgett Marcus Vlahos & Rudy, LLP and the Wilshire Foundation are among other organizations who have generously contributed to the fund.

The scholarship opportunity is intended to promote both the present and future well-being of long term care in California. The mission of the Quality Care Health Foundation is largely

based on providing educational advancement to those dedicated staff members who care for California's long term care residents on a daily basis and, in so doing, help those individuals achieve a higher quality of life.

It's easy. Log on to www.cahf.org and enter the QCHF site. Locate the Career Climb Application. Copy and disburse to your staff. (See attached flyer to make a donation.)

The deadline for applications is September 15, 2009!

RAP SESSION RECAP

150 Members attended our April Rap Session!

We had a GREAT turn out for our April Rap Session and Vendor Fair. 150 Members showed up to listen to Jackie Lincer, Shelley Woolery, Pamela Dickfoss and Duane Borba speak!

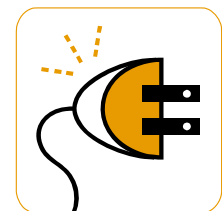
CAHF's Chief Executive Officer Jim Gomez attended our meeting. Mr. Gomez gave a wonderfully positive speech. Jim also mentioned the upcoming election and

asked that everyone read up on Measures 1A-1F. These Measures are imperative for funding in our industry!

As you've seen in the news budget cuts are necessary and rampant -but we cannot afford more budget cuts in long term care!

Did you know that 93% of all nursing home monies come from federal and state funds? Don't forget to cast your vote!

ARE YOU ON OUR CURRENT MAILING LIST?



If not, or if you know someone else who would like to be, please contact:

Anita Bunting,
OCAHF Secretary
(760) 294-2589
Alb7039@pharmerica.com

CAHF NURSES COUNCIL MEMBER INFORMATION PROFILE

All Nursing Professionals working for a CAHF Member Facility are automatically members of the Nurses Council. (Unless information has changed or you have not completed this form in the last four months, **you do not have to re-submit this form**. Upon completion, please return this form to California Association of Health Facilities, 2201 K Street, Sacramento, CA 95816, ATTN: Jocelyn Montgomery. Or fax to (916) 441-8441. Thank you for completing your free Council member profile.

Date: _____

Name: _____

Facility: _____

Address: _____
Street Number City State Zip

Phone: _____ Fax: _____ Email: _____

Current CAHF Member Yes No

Home Address: _____
Street Number City State Zip

Job Title and Description of your Responsibilities: _____

Do you currently belong to any professional nursing associations? Yes No

Do you belong to any volunteer organizations? Yes No

Please List: _____

Do you currently or have you ever participated in CAHF's State Level Council of Nurses or in a local council chapter? Yes No

Location: _____ Year: _____

Would you like to become active in CAHF's Nurses Council? Yes No

Are you interested in serving in any of the following areas:

Education Grassroots Consumer Information P.R.

Membership Marketing Speakers Bureau Legislature

Officer for Board Advocacy Family & Friends of Long Term Care

Suggestions/Comments: _____

The Ombudsman is here to help you provide quality care.

Who is the Ombudsman?

The Ombudsman Program is a part of the Orange County Council on Aging.

Shelley Woolery from the Council on Aging spoke to our group about the roles and responsibilities of an Ombudsman.

The Ombudsman is here to help!

The Ombudsman is an advocate for the patient and the facility! They help communications and make sure every one is happy. He or she helps provide a voice for residents who cannot help themselves.

The Ombudsman's Mission Statement is:

To provide Long-Term Care Ombudsman Services, promote and facilitate the optimal environment for residents of long-term care, and preserve the resident's rights to self-determination and dignity.

Like nursing homes, the Ombudsman program is federally funded and is a mandated reporter. AB 329 funds the program, and as with long term care, funding is vital. The Ombudsman can assist your facility!

An Ombudsman will:

- Make unannounced regular visits to licensed long-term care facilities in Orange County
- Mediate and attempt to resolve concerns or problems
- Provide unbiased placement information and referrals.

Contact Shelley Woolery at:

Council on Aging
1971 E. 4th Street, Suite 200
Santa Ana, California 92705
Telephone:
(714) 479-0107

News You Can Use!

The California Department of Public Health (CDPH) Legislative and Regulations Update

Pamela Dickfoss of the California Center for Healthcare Quality gave a legislative and licensing and certification update. Following are the brief highlights:

Increase in CNA Curriculum hours to 160 (Health & Safety Code §1337.3(c)).

Facilities are required to prevent unlawful or unauthorized access to, use of, or disclosure of, patients' medical information and can be fined \$25,000 or more (Senate Bill 541). As we have seen in the recent media, many confidential patient records have been illegally accessed and made public. This is in addition to HIPAA regulations. Administrative fines may also be assessed under Assembly Bill 211.

Patient safety and infection control have been updated to include establishing patient safety plans and hand hygiene programs to improve patient safety and reduce patient suffering resulting from preventable events (Senate Bill 158) as well as test for Methicillin-Resistant Staphylococcus Aureus (MRSA) (under Senate Bill 1058).

Facilities must begin to develop more comprehensive policies and procedures to improve upon and further ensure adequate standards of infection control.

Ms. Dickfoss also offered a few tips regarding dealing with a positive antibiotic resistant microorganism culture from any site.

- New or returning residents should be admitted based on the ability of the facility's personnel to

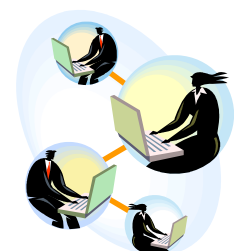
provide supportive and restorative care to the resident.

- Long Term Care Facilities should be prepared to implement appropriate infection control measures for all residents infected or colonized with resistant microorganisms.

For more information, or if you have questions, please contact:

Pamela Dickfoss
CDPH
1615 Capitol Ave
Sacramento, CA 95814
Email: pam.dickfoss@cdph.ca.gov

May 10-16, 2009 is National Nursing Home Week!



**MAY 19TH
ELECTION DAY**

**DON'T FORGET
TO VOTE!**

OSHPD PROJECT REVIEW EXPLAINED

Office of Statewide Health Planning and Development (OSHPD)

Mr. Duane Borba, Supervisor for Health Facilities Review for OSHPD explained how the Plan Review Process works for facility construction projects.

Each project is separated into one of two categories, either a large project (which costs in excess of \$20,000,000) or a small project. Large projects require a pre-submittal meeting.

There are two types of review to choose from,

either a standard review or an expedited review.

A standard review generally takes 60 days if all paperwork is complete upon submission.

If corrections are required, once the required changes have been made, OSHPD will conduct a back-check within 30 days.

Once all corrections are complete OSHPD will issue a building permit.

For an expedited review, documents are initially submitted in the same fashion as a standard review. If project meets expedited criteria, a target date of 30 calendar days from the received date is

established to complete the first plan review.

If corrections are required to an expedited project, back-checks are conducted in the same timeframe as a standard review process.

For large projects, target dates are negotiated and determined on a case-by-case basis depending on client's needs, project size, and OSHPD staff availability.

For more information regarding OSHPD, please contact:

Duane F. Borba, P.E.
Acting Deputy Division Chief,
Facilities Development Div.
400 R Street, Suite 200
Sacramento, CA 95811
(916) 440-8409

Updates, Information & Greetings

CONGRATULATIONS MIKE DODGE!

Mike Dodge was selected by the CAHF Executive Board of Directors to represent CAHF at the 6th Annual Future Leaders of Long Term Care of America sponsored by AHCA.

Mike will attend a Leadership Symposium July 21-23, 2009 at the AHCA headquarters in Washington D.C and complete a year long leadership course of study. Way to go Mike!



SAVE THE DATE!

Mark your calendars for the annual QCHF Institute/CAHF Summer Conference – July 25-29 at the Westin San Diego!

GET WELL SOON!

The entire CAHF family sends its best wishes to our member Bill Schifferly and his family.

Bill is home now, convalescing from a cardiac event. We wish you a speedy recovery!



Fun Fact: The longest living cells in the human body are brain cells, which can live an entire lifetime!
(Courtesy of www.hightechscience.org/funfacts.html)

California Association of Health Facilities
2201 K Street
Sacramento, CA 95816

Phone
(916) 441-6400

Fax
(916) 441-6441

E-mail
MDodge@rescare.com.

"Providers Giving Quality Care".



We're on the Web!
See us at:
www.cahf.org/blog.html

Tips From Licensing & Certification

The Big Three from CDPH offered up some neat hints!

Ms. Jackie Lincer, Fran Del Rio and Kathleen David presented helpful information regarding current licensing and certification issues.

The Department's number one workload is complaints regarding long term care facilities. However, skilled nursing facilities make up only 1/3rd of the complaints received, as opposed to acute care hospitals, which make up 2/3rds. Each complaint is initiated within 10 days, even with the new furlough requirements.

Ms. Lincer offered the following tips regarding surveys:

- If your facility goes through survey and you do not agree with the outcome, file an I.D.R.
- If you file an I.D.R., be sure to include your exhibits!
- Remember the latest date to file a Plan of Correction is 30 days from the Exit Date.

"If you are unsure about something, your licensing application, your POC, your IDR, call us." Ms. Lincer recommended. "We'll help you find the answers."

Fran Del Rio then gave a short discussion regarding deficiencies and restraints.

The most common deficiency given regarding restraints is use of side rails when the patient is no risk to get out of bed.

Nurses, make sure the side rails are not engaged if they are unnecessary. Rails are considered an obstacle for the patient to get out of bed if they are not required.

The next most frequent deficiencies are infection control and nutrition.

Contact Ms. Lincer at the CDPH for more information:

Jackie Lincer
Jackie.Lincer@cdph.ca.gov
(916) 558-1700

SHOUT OUT FOR SPONSORS

Get your name up in lights (sort of!)

OCAHF is looking for a few good sponsors. Following are the sponsorship levels available:

Headliner for Orange Peel:

* Our newsletter is distributed to members and non-members and is posted on the CAHF Blog.

Your advertisement will be placed on the front page for three issues!

Diamond Sponsor:

- * Name is included in our Agenda;
- * Table top distribution of your Agency information;
- * 15 minutes to describe to attendees how your agency can help them.

Other Items:

There are other Raffle Prizes and Fundraisers available as well.

Please contact Anita Bunting if you are interested in sponsoring!

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