



The Orange Peel

October 15, 2009
Volume 1, Issue 5

The Official Newsletter for California Association of Health Facilities, Orange County Chapter

Special Interest Articles

Nurse Council

Oral Health

Disaster Preparedness

This issue brought to you by:



Companion Home Health & Hospice
2200 W. Orangewood Ave. #250
Orange, CA 92868
Contact: Mark Uranga
P: (714) 560-8188
F: (714) 450-3977

NURSE COUNCIL WAS A HIT!

INTEGRITY IS THE MOST IMPORTANT INGREDIENT OF LEADERSHIP

On September 22, 2009 Orange County CAHF held its first Nurse Council Education Seminar. Special thanks to Diversified Medical Equipment and Supplies and JSA Search, Inc. for sponsoring this event!

Nancy Beecham, Chair of CAHF Nurse Council presented Leadership in Nursing. Integrity is the most important ingredient of Leadership!

She offered the following Six Laws of Leadership:

1. Nothing happens until someone provides leadership for it.
2. Leadership is influence.
3. The test of leadership: is anyone following?
4. The foundation of leadership is character, not charisma.
5. Leadership can be learned.
6. The moment you stop learning, you stop leading.

Ms. Beecham also offered Five Characteristics that Effective Leaders Demonstrate:

1. Leaders live integrity.
2. Leaders live compassion.
3. Leaders never, never give up!
4. Leaders willingly accept responsibility.
5. Leaders are always learning!

If you haven't signed up for Nurse Council visit:

www.cahf.org/nurse_council

ORAL HEALTH IN LONG TERM CARE

DOES YOUR FACILITY HAVE AN ORAL HEALTH PROGRAM?

Have you given any thought to Oral Health lately?

Does your facility have an Oral Health Program?

If your facility provides specialized utensils to assist your residents with eating, does it also provide specialized utensils for use in teeth brushing?

Mike Dodge presented an interesting discussion and gave some good reasons to consider implementing an Oral Health Plan:

The long term care industry has few dentists willing and able to serve residents and residents have limited access to care.

Not only does proper oral hygiene improve the residents' quality of life, how a resident appears affects everyone in the facility! How the resident's look and feel about their appearance matters.

Oral care is the right thing to do!

How to get started:

Determine your facility's current oral health program and find a starting point. Get a commitment from your whole team. Tie oral care into your organization's mission and vision.

Consider starting with your caregivers. Determine unique challenges and barriers and help your staff address them. Make Oral Care a quality indicator and keep score! Talking with the residents about their needs and ideas is a good idea as well.

A helpful Oral Health Motto is:

**2 Minutes a Day
2 Times a Day
Keeps the Cavities Away!**



Individual Highlights

| | |
|--------------------------------|---|
| Continuous Quality Improvement | 2 |
| Black Box Warnings | 3 |
| Disaster Management | 4 |
| Facility Showcase | 5 |





WE WANT TO HEAR FROM YOU!

Have some great ideas to share?

Do you have an important issue you would like to see addressed at a Chapter Meeting? Worried about Fall Risks? Looking for Staff Retention Tips? Other great questions or subjects for discussion? Let us know!

At each Chapter Meeting we will host a presentation based on the topics you

would like to see discussed.

Currently we are planning a discussion with Jackie Lincer from the California Department of Public Health, a meeting with some of our governmental representatives to discuss legislative options and a fun family event to raise funds for our Chapter.

Other thoughts and ideas are welcome!

Please contact Mike Dodge with your issues, topics and ideas at: MDodge@rescare.com.

Facility Showcase

Submit a 1 page (standard 8 1/2 x 11 inches) showcase of your facility for publication in the Orange Peel! Be sure to include a photo or two. Contact Mike Dodge for more information.

CONTINUOUS QUALITY IMPROVEMENT

Why have a CQI Program?

Ms. Judith Harrington, Chair of OCAHF's Nurse Counsel presented a discussion regarding clinical outcomes of a Continuous Quality Improvement Program.

Positive Impacts of a CQI Program:

- ❖ Improve performance through knowledge
- ❖ Empowerment through leadership development
- ❖ Team building and synchronization
- ❖ Embracing change
- ❖ Personal growth and development
- ❖ Opportunities never dreamed possible

Basic Tools for Continuous Quality Improvement:

- Scheduled meetings
- Scheduled Calendar;
- Problem Solving Steps
- Clinical Criteria

(Consider keeping a scorecard to study results).

There are three kinds of people:

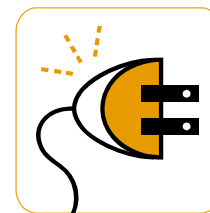
Those who WONDER what happened?

Those who WATCH what happens...

Those who MAKE it happen!

Which are you?

ARE YOU ON OUR CURRENT MAILING LIST?



If not, or if you know someone else who would like to be, please contact:

Anita Bunting,
OCAHF Secretary
(760) 294-2589
ocahfboard@gmail.com

California Association of Health Facilities
2201 K Street
Sacramento, CA 95816

Phone
(916) 441-6400

Fax
(916) 441-6441

E-mail
MDodge@rescare.com.

"Providers Giving Quality Care".



We're on the Web!
See us at:
www.cahf.org/blog.html

BLACK BOX WARNINGS

Do You Know What a Black Box Warning is?

Mr. Rob Jackson from Pharm D., PharMerica provided an informative group discussion regarding Black Box Warnings.

A Black Box Warning is required by the FDA on medication labeling in certain cases, particularly those that may lead to death or serious injury. It is a prominently displayed summary of serious adverse reactions and potential safety hazards for the drug.

Black Box Warnings may be required when: A drug

presents a unique risk to benefit concern compared with other drugs in the same class; or potential adverse reaction is extremely significant above the drug's benefit; or such adverse reactions can be prevented or reduced by restricted use or observance of defined cautions.

Medications are the single most important health care technology in preventing illness, disability and death in the geriatric population.

Adverse drug events are among the top five greatest and most preventable threats to the health of the elderly.

Any symptom in an elderly patient should be considered a drug side effect until proved otherwise.

F-Tag 329: Unnecessary Medications Intent and New Scope Guidelines.

An unnecessary drug is any drug that is given without diagnosis or indication for use, in excessive doses (also duplicate therapy), for excessive duration, without monitoring, or in presence of adverse events.

Each resident's entire drug/medication regimen should be managed and monitored to achieve the facility's goals.

CAHF FRIENDS & FAMILY OF LTC

Are you registered?

Formed in 1950, CAHF is the largest organization of long-term health-care professionals in the state, representing skilled nursing facilities and intermediate care facilities for people with developmental disabilities and the residents and clients they serve.

Part of CAHF's goal is to keep the public informed, and CAHF has published the Families & Friends Bulletin for consumers on an occasional basis for years.

If you would like to receive consumer-oriented emails from CAHF about long-term health-care issues, please send your email address to dross@cahf.org with "Families & Friends" in the subject line.

For other questions about Families & Friends Bulletin, CAHF or long-term health care, please contact Jack Rye at (916) 441-6400, ext 116 or via email at: jrye@cahf.org or write to CAHF at:

CAHF
PO Box 537004
Sacramento, CA 95853



OCALERT!

Get Connected to OCALERT today!

OCALERT is an alert system that allows Orange County to contact you during an emergency by immediately sending text messages to your

- E-mail account (work, home, etc)
- Cell phone
- Pager, BlackBerry

Alerts Available Now:

- Life-Threatening
- Weather Warnings

- Amber Alerts
- Highly disruptive road closures
- Evacuation
- Shelter in Place information
- Information about Emergency Shelters

When an emergency occurs, authorized senders will instantly notify you using OCALERT.

OCALERT is your personal connection to real-time updates, instructions on where to go, what to do, or what not to do, who to contact and other important information.

OCALERT is a free Orange County service.

Your wireless carrier may charge you a [fee](#) to receive messages on your wireless device. Please read the [FAQs](#) for more information.

For more details visit: www.alertOC.net which will explain the program and how to register.



**BE
PREPARED
CALIFORNIA!**

ARE YOU CONNECTED TO CAHAN?

CALIFORNIA HEALTH ALERT NETWORK (CAHAN)

The California Department of Public Health has created a new network for health and emergency alerts.

CAHAN is a secure web based system accessible anytime and any place for emergency planning and response communication with public health partners.

Receive health and emergency alerts via:

- email,
- fax,
- pager or
- telephone.

This alert system will keep you up to date regarding natural disasters, current outbreaks and other imminent dangers to the health of your community.

The Center for Disease Control and Prevention requires each state to have a health alert network. CAHAN was implemented in 2003 as a response to such requirement.

CAHAN provides a rapid and secure communications system among state and local health agencies, health care providers, and other emergency response parties. The network also fosters the collaborative development of new emergency response ideas and information sharing among its members.

There are over 12,000 current participants in CAHAN. The California Department of Public Health, California Department of Health Care Services, California Health and Human Services Agency, Governor's Office of Emergency Services, are just a few of the members.

Other members include local health departments, hospitals, clinics, schools, law enforcement and other medical providers.

If you would like more information, the CAHAN team is available to conduct workshops, trainings, presentations and other demonstrations.

Contact:

CAHAN
CDPH – Emergency Preparedness Office
1615 Capitol Ave
Sacramento, CA 95814

Email: CAHANinfo@cdph.ca.gov

Also, be sure to let Anita know you've joined! Email her at: ocahfboard@gmail.com



Orange County Health Care Agency

Health Disaster Management Division

About Us

The Health Disaster Management (HDM) Division is part of the Orange County Health Care Agency and reports to the Deputy Agency Director of Medical and Institutional Health Services. The Health Disaster Management (HDM) Division coordinates the Agency's emergency response functions related to all-hazards planning, including bioterrorism, pandemic influenza, natural disasters, the county-wide Emergency Medical Services system for medical emergencies, and other County health-related disasters.

HDM participates in and supports ongoing all-hazards planning and preparation activities undertaken by the Orange County Operational Area (OA) and is responsible for coordinating organized planning efforts with County departments, local cities and special districts to mitigate against, prepare for, respond to, and recover from disasters.

HDM plays a supportive role to the County Emergency Operation Center (EOC) by maintaining a continual state of readiness and by designing, conducting, and evaluating periodic emergency staff training and simulated disaster preparedness and response exercises.

Mission Statement

The mission of the Health Disaster Management Division is to effectively plan and prepare for a localized or countywide public health emergency. The Health Disaster Management (HDM) Division is committed to enhancing HCA's emergency response capabilities and ensuring continuity in Orange County's emergency preparedness.

Programs/Services

- **Emergency Medical Services (EMS)**
- **Disaster Preparedness and Training**
 - Cities Readiness Initiative (CRI)
 - Health & Emergency Preparedness Planning Council (HEPPC)
 - Hospital Preparedness Program (HPP)
 - Influenza Preparedness
 - Strategic National Stockpile (SNS)
 - Training and Exercises (BPTU)
 - Functional Needs Populations
- **Medical Reserve Corp (MRC)**

405 W. Fifth Street, Suite 301A
 Santa Ana, CA 92701
 Ph. 1-(714)-834-3500 / Fax: 1-(714)-834-3125

www.HealthDisasterOC.org

OCAHF FACILITY SHOWCASE



Welcome to Hy-Lond Home... *A Great Place!*

Hy-Lond Home, like most LTC facilities in California was built in the 1960's. Originally, Hy-Lond Home was a Skilled Nursing Facility, however, in the mid to late 1970' transitioned into an Intermediate Care Facility for people with developmental disabilities. As you can tell from our name (Hy-Lond) we used to be owned by Beverly Manor. ResCare, the leading provider of services for people with disabilities in the nation, purchased Hy-Lond Home in 1995.

Hy-Lond is *home* to children and adults with developmental disabilities. We are licensed for 147 beds. We provide 24 hour nursing care with a nursing team of 32 RNs, LVNs and Psych Techs. We also provide a continuous active treatment program with a program team of 80 Direct Support Professionals and Qualified Mental Retardation Professionals (QMRP/Case Managers). Like a SNF we also have dietary and environmental and administrative support services.

We have a professional team of the following consultants: Physical Therapy, Occupational Therapy, Recreational Therapy, Speech and Language Therapy, Behaviorist, Dietician, Pharmacy and Fire.

The keys to our success include our management stability, continuous quality improvement and consistent assignment of staff. We have 22 employees who have worked at Hy-Lond Home since the 1980s! One of our committed employees has been here since 1968! Our vision is to make Hy-Lond Home a *great place* and every day and every way we are taking the steps to get there!



I want you to give Quality Care!