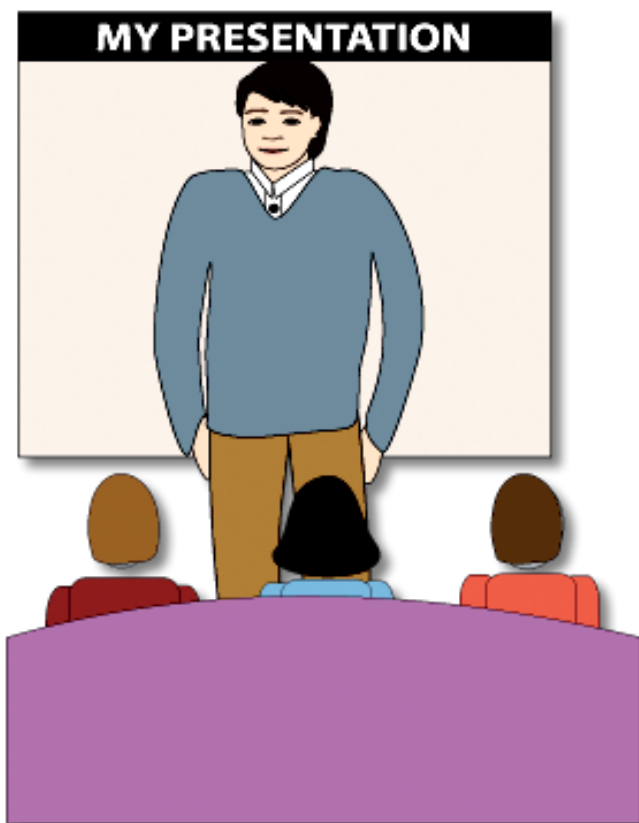


# FEELING SAFE, BEING SAFE

## Host



**Feeling Safe, Being Safe** is an emergency preparedness training that emphasizes personal planning and demonstrates easy-to-use tools that can help anyone be better prepared.

The **Feeling Safe, Being Safe** webcast is a powerful way to increase public awareness of this critical topic. By hosting this webcast, you can assist friends and colleagues to be better equipped to help themselves and community members in the event of an emergency or disaster.

## FEELING SAFE, BEING SAFE

Emergency Kit  
Supply List



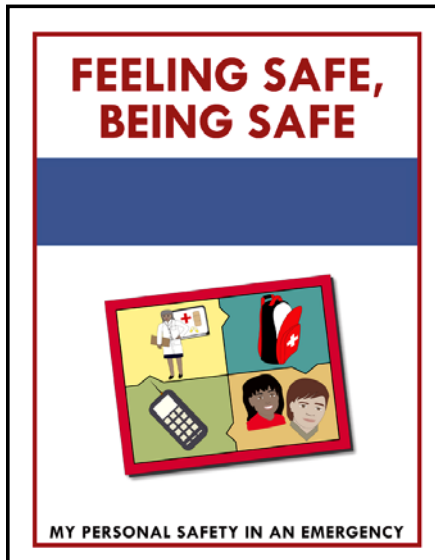
**Feeling Safe, Being Safe** training and tools are aimed at activating participants to take charge in their own safety planning. These materials were developed to communicate confidence, involve community members, and reduce fears by taking the lead to put together personal preparations.

## HOST REQUIREMENTS



- ◆ Interest in assisting community members to prepare.
  - ◆ Access to professional resource networks.
  - ◆ Knowing potential participants and how to invite them.
  - ◆ Familiarity with computer, internet usage and email.
- ◆ Accessible location for a maximum of 20 webcast participants. With high speed broadband internet access, a viewing monitor/screen large enough for all participants to see, and sound speakers so all can hear.

## PARTICIPANT OUTCOMES



- ◆ Awareness about importance of personal preparation.
- ◆ Identification of medical/personal information helpful to first responders.
- ◆ Completed **Feeling Safe, Being Safe** Worksheet and Magnet.
- ◆ Commitment to complete a personal emergency kit.

## NEXT STEPS



- 1 Home Page: Watch the **Feeling Safe, Being Safe** video.
- 2 Home Page: Click on Red Arrow ( ➡ ) for more information and how to sign up.
- 3 After signing up you will be emailed a password access the **Feeling Safe, Being Safe** webcast, materials and training guide.

Team up now and show more Californians how to *Feel Safe and Be Safe*.