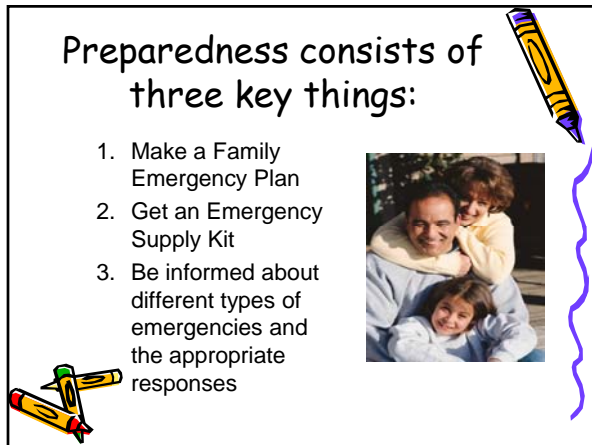



Emergency Preparedness

I Can Do What, With What?
8 Words Says it All
Build a Kit, Make a Plan, Stay Informed.

Preparedness consists of three key things:

1. Make a Family Emergency Plan
2. Get an Emergency Supply Kit
3. Be informed about different types of emergencies and the appropriate responses



STEP 1:
Get an Emergency Supply Kit

- Should include basic supplies for your family and pets for **SEVEN** days
- Prepare at least two kits: one for home, a smaller portable kit to take with you if you have to leave and kits for your office or car



Emergency Supply Kit

The larger at-home kit should include the following items:

Food

- Non-perishable
- Not requiring refrigeration, cooking or water for preparation
- Examples: cereal bars, granola bars
- Include a manual can-opener, if necessary

Water

- One gallon per person and pet per day for three days
- Store in clean, sealed plastic bottles
- Need for water can vary based on climate and /or special needs



Emergency Supply Kit, cont.

Radio

- Battery-powered, crank powered
- With NOAA weather alert function
- Extra batteries

Flashlight

- Extra batteries

First Aid Kit



Emergency Supply Kit, cont.

Whistle

- To signal for help if trapped

Wrench or Pliers

- To turn off utilities if necessary

Dust mask, plastic sheeting, duct tape

- In case of contamination in air
- Dust mask to protect an individual, plastic sheeting to protect entire room



Where to look for supplies?



Where can I buy emergency supplies??

- www.sosproducts.com
- www.beprepared.com
- www.simplerlife.com
- www.campmor.com
- www.quakecare.com
- www.disasterprepped.com
- Google "disaster preparedness" 2,140,000 hits



Unique Family Needs

- Consider your family's unique needs. Some other items you may add to your kit include:
 - Prescription medications or glasses
 - Important family documents
 - Formula or diapers for infants
 - Games or toys to entertain children
 - For a list of other items to consider, go to www.ready.gov



Pet Supplies

- If you have a pet, remember to include pet supplies in your emergency supply kit:
 - Food
 - Water
 - Medicine and medical records
 - Collar with ID tag
 - Harness or leash
 - Crate or other pet carrier
 - Familiar items, i.e. toys, treats and bedding
 - Picture of your pet for identification purposes



STEP 2: Make a Family Emergency Plan

- Sit down as a family and plan in advance what you will do in an emergency
- A well-structured plan will allow you to assess the situation, use common sense, and take care of yourself and your loved ones



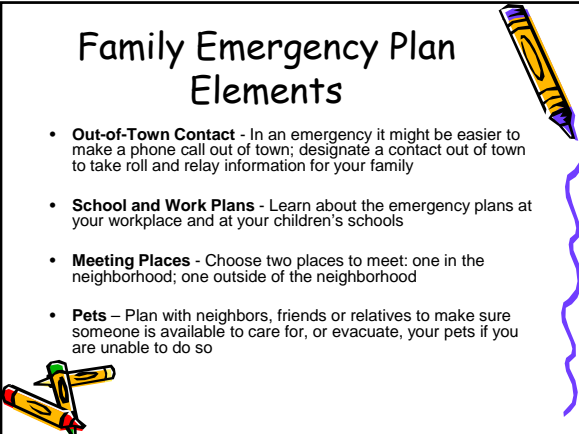
Family Emergency Plan

- Plan in advance how to get in touch with each other and get back together
- You may not be together as a family when an emergency happens
- www.ready.gov has a template to help you get started



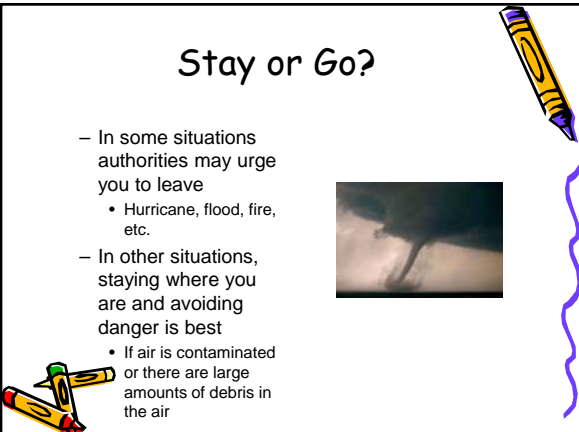

Family Emergency Plan Elements

- **Out-of-Town Contact** - In an emergency it might be easier to make a phone call out of town; designate a contact out of town to take roll and relay information for your family
- **School and Work Plans** - Learn about the emergency plans at your workplace and at your children's schools
- **Meeting Places** - Choose two places to meet: one in the neighborhood; one outside of the neighborhood
- **Pets** - Plan with neighbors, friends or relatives to make sure someone is available to care for, or evacuate, your pets if you are unable to do so



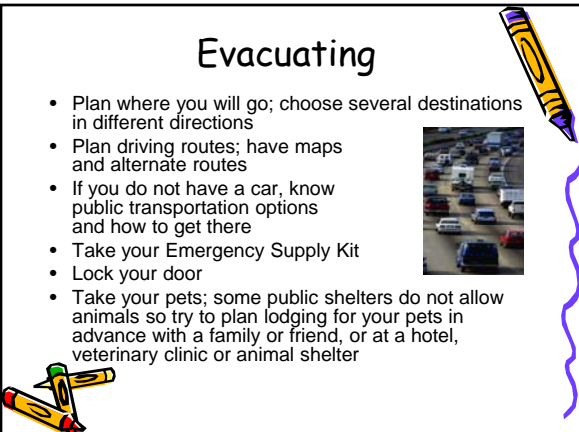

Stay or Go?

- In some situations authorities may urge you to leave
 - Hurricane, flood, fire, etc.
- In other situations, staying where you are and avoiding danger is best
 - If air is contaminated or there are large amounts of debris in the air



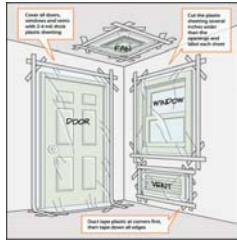
Evacuating

- Plan where you will go; choose several destinations in different directions
- Plan driving routes; have maps and alternate routes
- If you do not have a car, know public transportation options and how to get there
- Take your Emergency Supply Kit
- Lock your door
- Take your pets; some public shelters do not allow animals so try to plan lodging for your pets in advance with a family or friend, or at a hotel, veterinary clinic or animal shelter



Sheltering-in-Place

- Become familiar with the "Sheltering-in-Place" procedure outlined on www.ready.gov:
 - Bring family and pets inside
 - Lock doors; close windows, air vents and fireplace dampers
 - Turn off fans, a/c and heating units
 - Seal windows and doors
 - Bring Emergency Supply Kit and go to an interior room



STEP 3: Be Informed

- Learn more about:
 - Different types of emergencies and their appropriate responses
 - Which emergencies are more likely to affect your area
 - The emergency plans in your community
 - CERT, MRC, DART



Emergency Alert System

EAS county based emergency system
 NWS nationwide alerting system



- National Weather Service Radio
 - Available at Radio Shack, Target, Electronic stores, on line & other sources
 - Cost about fifty dollars
 - Linked into emergency alert system
 - Can be programmed for various alerts



Prepare Today!

To learn more about how to prepare yourself and your family, visit www.ready.gov.

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